

# Get healthy food at no cost

In 2021, some Aetna Medicare plans will offer a new Healthy Foods Card benefit. With this benefit, eligible members will receive a benefit card and monthly allowance amount to use toward the purchase of healthy and nutritious foods and produce. Approved items can be purchased at participating grocers and retailers to assist members in maintaining a healthy diet to support their nutritional needs.



## 2021 Aetna Medicare plans offering the Healthy Foods Card benefit

State	Plan name	Contract PBP	Healthy Foods Card allowance amount & frequency
AL	Aetna Medicare Dual Preferred Plan (HMO D-SNP)	H3239-003	\$25 every month
CA	Aetna Medicare Preferred Plan (HMO D-SNP)	H4982-008	\$25 every month
CA	Aetna Medicare Preferred Plan (HMO D-SNP)	H4982-009	\$25 every month
FL	Aetna Medicare Assure (HMO D-SNP)	H1609-017	\$25 every month
FL	Aetna Medicare Assure Plus (HMO D-SNP)	H1609-043	\$50 every month
GA	Aetna Medicare Dual Preferred Plan (HMO D-SNP)	H5302-014	\$25 every month
IA	Aetna Medicare Assure Premier (HMO D-SNP)	H5593-001	\$25 every month
KS	Aetna Medicare Assure (HMO D-SNP)	H5325-001	\$25 every month
KS	Aetna Medicare Assure (HMO D-SNP)	H5325-002	\$25 every month
LA	Aetna Medicare Dual Preferred Plan (HMO D-SNP)	H3239-001	\$25 every month
MO	Aetna Medicare Assure (HMO D-SNP)	H5325-003	\$25 every month
MO	Aetna Medicare Assure (HMO D-SNP)	H5325-004	\$25 every month
MO	Aetna Medicare Assure Gold Prime (HMO D-SNP)	H5325-005	\$50 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP)	H3146-002	\$30 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP)	H3146-003	\$30 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP)	H3146-008	\$25 every month
NC	Aetna Medicare Assure Plan (HMO D-SNP)	H3146-009	\$30 every month
NE	Aetna Medicare Assure Premier (HMO D-SNP)	H7149-006	\$25 every month
NJ	Aetna Assure Premier Plus (HMO D-SNP)	H6399-001	\$50 every month
NV	Aetna Medicare Prime Plan (HMO D-SNP)	H4711-011	\$25 every month
NY	Aetna Medicare Assure Plan (HMO D-SNP)	H3312-069	\$25 every month
NY	Aetna Medicare Assure Plan (HMO D-SNP)	H3312-070	\$25 every month
PA	Aetna Medicare Advantra Cares (HMO D-SNP)	H3959-036	\$25 every month
PA	Aetna Medicare Advantra Premier Plus (PPO)	H5522-001	\$25 every month
PA	Aetna Medicare Advantra Silver (PPO)	H5522-005	\$25 every month
TX	Aetna Medicare Dual Complete Plan (HMO D-SNP)	H8597-001	\$25 every month



## Eligibility

**For participating D-SNP plans**, this benefit will be offered as a SSBCI benefit (Special Supplemental Benefit for the Chronically Ill). If a member is diagnosed with a **medically complex chronic condition** (see sidebar), an Aetna care manager will determine eligibility for this benefit, include it as part of a member's care plan, and work with them to set up this service.

**For participating VBID plans**, the benefit will be offered to members with Congestive Heart Failure (CHF) who agree to participate in the Health Heart Program (HHP), a care management program with extra benefits designed to help manage their CHF. Their HHP care team will work with them to set up this service.

**Members who have not already been deemed eligible** can self-refer (after January 1) by calling Aetna Member Services or their Aetna care manager to determine eligibility.



## Getting started

1. Once deemed eligible, a member will receive a welcome packet in 2 – 3 weeks that includes a welcome letter and benefit card. The welcome packet will include activation instructions.
2. Next, members can use their card to shop for approved products at participating stores.
3. At checkout, members will just give their card to the clerk who will scan the barcode and apply their monthly allowance toward the purchase.

Chronic conditions include (but are not limited to):

- Chronic alcohol and other drug dependence
- Autoimmune disorders limited to:
  - Polyarteritis nodosa, polymyalgia rheumatica, polymyositis, rheumatoid arthritis and systemic lupus erythematosus
- Cancer, excluding pre-cancer conditions or in-situ status
- Cardiovascular disorders limited to:
  - Cardiac arrhythmias, coronary artery disease, peripheral vascular disease and chronic venous thromboembolic disorder
- Chronic heart failure
- Dementia
- Diabetes mellitus
- End-stage liver disease
- End-stage renal disease (ESRD) requiring dialysis
- Severe hematologic disorders limited to:
  - Aplastic anemia, hemophilia, immune thrombocytopenic purpura, myelodysplastic syndrome, sickle-cell disease (excluding sickle-cell trait) and chronic venous thromboembolic disorder
- HIV/AIDS
- Chronic lung disorders limited to:
  - Asthma, chronic bronchitis, emphysema, pulmonary fibrosis and pulmonary hypertension
- Chronic and disabling mental health conditions limited to:
  - Bipolar disorders, major depressive disorders, paranoid disorder, schizophrenia and schizoaffective disorder
- Neurologic disorders limited to:
  - Amyotrophic lateral sclerosis (ALS), epilepsy, extensive paralysis (i.e., hemiplegia, quadriplegia, paraplegia, monoplegia), Huntington's disease, multiple sclerosis, Parkinson's disease, polyneuropathy, spinal stenosis and stroke-related neurologic deficit
- Stroke



## How can members shop for healthy food items?

With their Healthy Foods Card, members can buy thousands of healthy food items in-store at participating retailers to help them reach their health and wellness goals. Eligible members will receive additional information in their welcome packet.

### What can members buy with this benefit?

Members can use their benefit card to purchase:

- Fresh fruit & vegetables
- Canned fruits & vegetables
- Frozen produce & meals
- Fresh salad kits
- Dairy products
- Meat & seafood
- Beans & legumes
- Pantry staples – flour, sugar, spices, etc.
- Healthy grains – bread, cereals, pastas, etc.
- Nutritional shakes and bars
- Soups
- Water/vitamin water

### What items are excluded?

Items that do not qualify are non-food and pet items, alcohol, baby formula, candy, chips, coffee shop items, desserts, fresh baked goods, soda and tobacco.

### How will members know what they can and cannot buy?

The welcome packet a member receives will explain what types of foods can be purchased with this benefit, as well as the items that are excluded. Members can also find this information on the website, through their mobile app, mobile app in-store scanner or by phone.

### Where can members shop?

Members can use their allowance in-store at any in-network retailers. Members will receive information on how to find network retailers (online, by phone or through the mobile app) in their welcome packet.

**What do members receive in the welcome packet?**

The welcome packet includes a welcome letter and benefit card. The welcome letter explains the benefit and what types of food members can purchase with their benefit card. It also provides information on how to access information (retailers, approved/excluded items) online, over the phone or through the mobile app.

**What if a member loses their materials or never receives them?**

The member can either call Aetna Member Services or the vendor, Healthy Benefits Plus, to request a replacement card. Members can also access their barcode through the mobile application and have that scanned in place of their benefit card.

**What date is the monthly allowance amount added to the card?**

This amount will be available on the Healthy Foods Card the first day of each month.

**Is there a limit on the number of transactions a member can make with their card each month?**

No.

**Will the allowance roll over or will unused amounts expire?**

Any unused amounts will expire at the end of the month. There is no rollover.

**Will the allowance amount cover taxes? Can any additional amounts be paid with a separate payment?**

Yes, as long as the amount (including taxes) is below the member's allowance amount, the entire purchase of approved items plus taxes will be covered. Any remaining balance can be paid separately with another form of payment.

**Can a member check out with approved and unapproved items?**

Members can check out with approved and unapproved items, use their benefit card for approved items (determined by point-of-sale technology) and pay for any uncovered items or remaining balance with another form of payment.

**Can members use the allowance to buy items online and pick them up in store?**

No. At this time the benefit card can only be used for in-store purchases.

**Can members access all participating retailers or just those in their state/service area?**

Members can access retailers outside of their state or service area and they can use the card on vacation or when traveling, etc. However, they still must use network retailers only.

**How can members use the website and mobile application?**

Members will receive information on accessing the website and mobile application (including how to register and download) in their welcome packet. Using these tools, members can check their balance amount, find in-network retailers, review a list of approved and excluded items, and more.

Additionally, the mobile app will include a copy of the member's barcode that can be scanned in-store in case of a forgotten or lost benefit card, as well as an in-store item scanner to verify product eligibility.

**How can members learn more?**

Members will receive information about the Healthy Foods Card benefit in their ANOC, Summary of Benefits and EOC.

[AetnaMedicare.com](https://www.AetnaMedicare.com)



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